



Parent/Carer Contingency Planning for coronavirus (COVID-19)

We fully appreciate how hard you are working to keep your child/children safe during this difficult time. The current circumstances are making it particularly difficult for those of you with vulnerable children. We would like to ask you to consider thinking about your contingency plan if you were to become unwell and unable to look after your child/children due to coronavirus. In other words, who would you be able to call on in an emergency?

Please consider your friends and family within your community who might be able to help look after your child/children. We think it is important to start having these conversations now. Once agreed by both parties we suggest you write down the names and contact details of the people you have made these arrangements with. We suggest you leave this information in a prominent place such as on the fridge, mantel piece or by the front door clearly labelled 'In Case of Emergency'.

Here is an example of what to write:

IN CASE OF EMERGENCY	
Date: Name(s):	
I/we are the parent(s)/carer(s) of.....	
I/we would like to call on the following person or people to look after my/our child/children if I/we become unwell due to coronavirus. Their contact details are below:	
Name:	
Address:	
Phone number:	
Name:	
Address:	
Phone number:	
Name:	
Address:	
Phone number:	

We also suggest you add 'In Case of Emergency' (ICE) contact to your mobile phone. This does not have to be the same as your emergency contingency support for your child/children.